



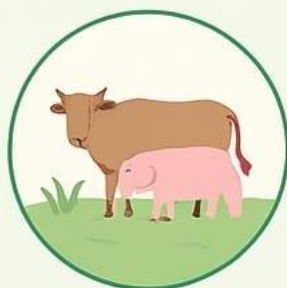
ANNUAL REPORT 2024–2025



COMMUNITY MOBILIZATION AND LIVELIHOOD RESILIENCE



**FISH
FARMING**



**LOTSOC
SUPPORT**



SOLAR



**HEALTH
CARE**

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From the Desk of Secretary People's Resource Development Association

I am extremely pleased to present the 37th Annual Report of PRDA for the financial year 2024–2025. This year has been a remarkable journey of commitment, perseverance, and impact, despite the many challenges that continue to affect our state. Our progress has been shaped by the resilience of our communities and the tireless efforts of those who believe in the power of grassroots change.



We are deeply grateful for the unwavering support of our partners, whose collaboration and solidarity have been instrumental in advancing our mission. Our heartfelt thanks to Bread for the world (Brot) for their continued support in promoting livelihood, rights, and environmental conservation, to the ActionAid Association of India (AAAI) and the Family Planning Association of India (FPA India) for their continued support in organizing free medical camps, to Humanitarian Aid International (HAI) for responding promptly to emergencies and supporting essential needs; and to the Rebuild India Fund for standing with us in our long-term pursuit of sustainable development. We also extend our sincere appreciation to the individuals who have generously contributed to our cause.

These milestones would not have been possible without the dedicated efforts of our staff, who remain at the forefront of change often working under challenging conditions; the guidance and encouragement of our Board members, who steer our vision with wisdom and clarity; and, most importantly, the trust and active participation of the communities we serve. Their strength, cooperation, and ownership of the process are the foundation of our success.

As we reflect on the year gone by, we are reminded of the power of collective action and the importance of staying rooted in our values. We reaffirm our long-term vision to build a resilient, equitable, and empowered Manipur, where no one is left behind and every voice is heard. This report is a reflection of our shared journey, the impact we have created together, and the lessons we have learned along the way.

We invite you to go through the pages of this report, which showcase our progress, challenges, innovations, and unwavering commitment to development with dignity. Together, let us continue to walk this path with hope, courage, and purpose.

Sincerely,

L. Suranjoy Singh
Secretary, PRDA
Bishnupur, Manipur

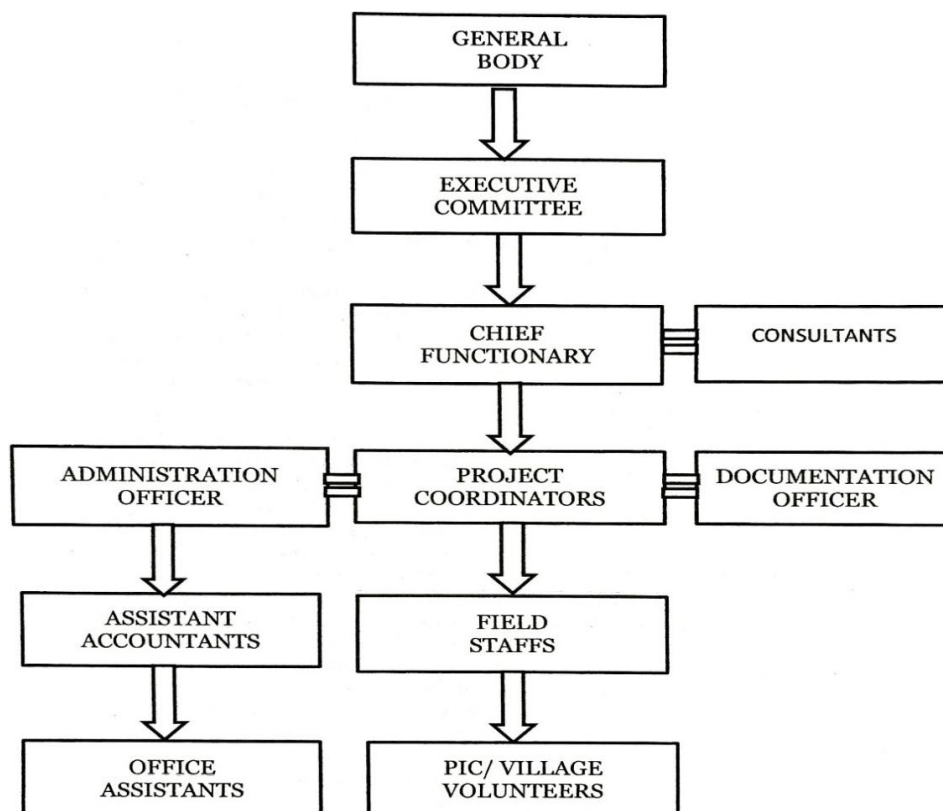
Genesis of PRDA

Ishok village was one of the hundreds of the villages affected by construction of Ithai barrage at the confluence of the Manipur River, the Khuga River and the Ungamel channel in 1983, near Ithai village in Bishnupur. Construction of the barrage for hydro power generation led to submergence of approximately 10000 hectares of cultivable land and inhabited areas of the Ishok village (*of total 80000 hectares in Bishnupur, Imphal West, and Thoubal districts*). It has also caused annual recurrence of floods and submergence of the cultivable area with inflows of water from Merakhong River, Nambol River, Nambul River and back water from Loktak Lake. The flood water also brings in phumdi in farm lands of Ishok and neighbouring villages from upstream lakes - Sanapat and Naorem Utrapat.

After construction of the barrage, flood water and prolonged submergence, along with phumdis, continued damaging standing crops and farms every year. Further, there were recurrence epidemics like malaria and waterborne diseases in the area.

Being affected and concerned of the new phenomenon, the youth of the village volunteered to initiate actions to reduce impacts of floods on agriculture and raise the issues of the village. This led to germination of the idea and forming a local youth club called '*The Ishok Makha Young Development Club*' (IMYDC) by youth of the village in 1988. In 1995, the Governing Body of the IMYDC decided to rename the Club as People's Resource Development Association (PRDA) and hence obtained the Society Registration Act. The Association has also registered under section 12 (A) of Income Tax Act and FCRA. It is a non-profit, non-sectarian and secular organisation.

ORGANISATIONAL STRUCTURE



EXECUTIVE MEMBERS/MANAGEMENT COMMITTEE



H. Shanti Singh, President



L. Suranjoy Singh, Secretary



Kh. Memton Devi Vice - President



N. Dhanapati Devi, Treasurer



Dr. H. Romen Singh, Asst. Secretary



N. Babita leima, Member



S. Brojen Singh, Member

DONORS



Bread for the World (BftW) Germany



Misereor

Dasra



Humanitarian Aid International

Family Planning Association of India



ActionAid Association of India



Creating sustainable, resourceful & healthy environment wherein people co-exist with strong value system in peace & harmony.

Strengthening & Capacitation to the key leaders, NGOs, CBOs, SHGs & Farmers in the process of networking development and advocacy.



- ❖ Undertake human resource development programmes through the creation of institutes with a focus on quality education, vocational inputs and rehabilitation measures for HIV/AIDS affected/infected people.
- ❖ Empower people through building social capital, economic capital and human capital for all round development.
- ❖ Promote NRM practices for conservation and preservation of natural resources.
- ❖ Involve in pertinent emerging issues related to Drugs/HIV/AIDS and Disasters.
- ❖ Promote programmes related to health, environment, science and technology.
- ❖ Initiate welfare programme simultaneously along with process based programmes for handicapped and mentally retarded people.

LIVELIHOOD PROMOTION

1. Homestead-Based Livelihoods

Under the Brot program “Improved Ecosystem Governance and Resilient Local Livelihood and Sustainable Development”, a total of 51 beneficiaries, comprising 4 males and 47 females, were selected to participate in homestead livelihood activities. The beneficiaries received support for livestock-based enterprises including cattle rearing, fish farming, duck rearing, poultry, and pig rearing.



The program focused on targeting poor and motivated individuals with a vision for sustainable livelihood improvement. The integrated package aimed to increase household income through cultivation of short-, medium-, and long-term crops alongside livestock management, with an emphasis on maintaining detailed activity records. Beyond income generation, the initiative sought to enhance nutrition by promoting self-consumption of farm produce. Beneficiaries actively engaged in the rearing of cattle, poultry, ducks, pigs, and fish, applying improved management practices to optimize productivity and sustainability.

2. Horticulture-Based Livelihoods

- a) As part of the horticulture component of the Brot program, 25 farmers (6 males and 19 females) from marginalized communities were selected based on enthusiasm and capacity to participate. The beneficiaries were provided with material and training support to cultivate a mix of short-, medium-, and long-term crops, including ginger, turmeric, banana, and water fox nut (Thanjing).

Farmers were encouraged to maintain their farm records, adopt sustainable agriculture practices, and increase household income while ensuring food security.



- b) Under the Rebuild India Program, 5 beneficiaries were engaged in the plantation of Thanjing in Naorem, Sanjembam, and Pukhrambam villages. This initiative aimed at preserving indigenous aquatic species, enhancing local dietary diversity, promoting income generation, and contributing to the conservation of aquatic biodiversity.



3. Livelihood Support through Solar Technology

A total of 21 solar panels were installed across villages in the Bishnupur district, including Keinou, Kumbi, and Bishnupur areas. These panels provide uninterrupted power supply to local weaving units, enabling extended working hours even during nighttime or electricity outages. As a result, productivity has increased, which has directly contributed to higher income for local artisans.



4. Livelihood Training Initiatives

➤ **Capacity-building and skills training formed a critical component of PRDA's livelihood interventions:**

Homestead and Horticulture Training: Three targeted sessions were conducted focusing on integrated livestock and horticulture practices. Veterinary experts provided guidance on using poultry or pig waste as fish feed, pond management, and optimized feeding strategies using kitchen garden produce. Training included techniques for cattle and duck rearing, as well as sustainable pig rearing practices to reduce waste and enhance farm productivity.

Sustainable Agriculture Training: Beneficiaries were trained in Sloping Agricultural Land Technology (SALT) farming. Training included the use of A-frame tools to create contour lines on slopes, preventing soil erosion, retaining water, and improving soil fertility. Emphasis was placed on reducing chemical inputs and promoting organic compost to enhance environmental sustainability.



➤ **Entrepreneurial Skill Training:** Two sessions were conducted on fish bori and fruit pickle production for the villagers of Naorem and internally displaced persons (IDPs) at Mukta High School Relief Camp, benefitting 70 women. Some participants established small-scale businesses while others utilized the skills for family consumption.



- **Financial Literacy:** A one-day Financial Literacy Camp was organized for fish farmers in Champu Khangpok, Ishok, Naorem, Ngarian, Upokpi Khunou, Sanjembam, and Pukhrambam villages in collaboration with the State Bank of India, Bishnupur, and the Veterinary Department. The program provided knowledge on proper investment practices, financial planning, and government schemes that could enhance income generation and economic security for farmers.



CLIMATE CHANGE AND ENVIRONMENT

a) Indigenous Tree Plantation Drives

Under the Brot project, PRDA organized six rounds of indigenous tree plantation programs across six project villages: Ngarian (Churachandpur District), Dollang (Noney District), Naorem, Pukhrambam, Sanjenbam (Bishnupur District), and Chothe (Churachandpur District). The initiative successfully covered an area of 26.5 acres, aiming to restore ecological balance, promote a healthier environment, and reintroduce naturally grown indigenous tree species within the localities.

Some of the indigenous trees planted included gooseberry, thinkengnengneng (local Chiru dialect), parkya, tairen, mango, wild apple, heirangoi, and jam tree. Beyond restoring green cover, the initiative also contributed to biodiversity enhancement and promoted nutritional well-being, as many of these trees grow well and belive to produce fruits and other edible products that benefit the community.

The program was implemented as a collective effort with villagers, which not only encouraged ownership of the initiative but also helped communities understand the importance of preserving indigenous tree species for future generations.



b) Obesrvation of World Environment Day – 5th June 2024

As part of the Rebuild India project, PRDA observed World Environment Day 2024 with a plantation program at Bishnupur. On this occasion, 50 trees were planted in public

spaces, and an awareness drive was conducted to highlight the importance of maintaining a clean and healthy environment. The event witnessed active participation from local volunteers, reinforcing the role of community engagement in sustaining environmental initiatives.

RIGHTS AND ENTITLEMENTS

Ensuring that rural and marginalized communities are aware of, and able to access, their rights and entitlements is a cornerstone of PRDA's work. During the reporting period, a series of program were implemented to enhance community knowledge and strengthen institutional linkages on land rights, ecosystem services, health, education, fisheries, social welfare, and safe drinking water. These interventions not only created awareness but also provided direct support to vulnerable households, thereby reinforcing community resilience and equity.

a) Awareness on Land Rights and Ecosystem Services

Seven (7) awareness program were held across Dollang, Ngarian, Sanjenbam, Naorem, Chothe, and Pukhrabam villages, with a total participation of 236 people. The sessions focused on two critical themes: securing land rights and understanding the emerging concept of Payment for Ecosystem Services (PES). Participants were educated on the



importance of preparing and maintaining accurate land records to safeguard community ownership and prevent disputes. At the same time, they were introduced to PES and carbon credit mechanisms, where those who conserve forests, biodiversity, and water resources could potentially receive financial incentives. However, the sessions also highlighted the risks of external players offering seemingly attractive financial deals that may lead to restrictions on local resource use. Community members were cautioned against elite capture and misinformation and were encouraged to take proactive roles in negotiations to ensure that their rights are preserved.

b) Awareness on Government Health Schemes and Education

Under Brot Project, to strengthen access to welfare schemes, six awareness program were conducted across the six project villages. A total of 169 participants (51 males and 118 females) have representing women, youth, and elders. The sessions covered government health entitlements such as Ayushman Bharat (PMJAY), Pradhan Mantri Suraksha Bima Yojana (PMSBY), and the Universal Immunization Programme (UIP), ensuring that households were made aware of their rights to free or subsidized healthcare. Alongside health, educational entitlements such as school scholarships and government initiatives to revive and improve public schools were discussed. The sessions were delivered through verbal presentations, interactive discussions, and

relatable examples, helping participants understand not only what benefits they are entitled to but also how to practically access them.

c) Facilitation of Fisheries and Social Welfare Schemes

Beyond awareness, PRDA also directly facilitated access to entitlements. In collaboration with the Fishery Department, 98 fishery entitlement cards were distributed to eligible households: 35 in Sanjenbam, 33 in Pukhrambam, and 30 in Naorem. These cards will support households engaged in fishery-based livelihoods, ensuring formal recognition and access to government support. Under the Social Welfare Department, PRDA facilitated the disbursement of one-time financial assistance of ₹10,000 each to three widowed women above 40 years of age in Sanjenbam. This timely support provided much-needed relief to vulnerable, women-headed households and reflects PRDA's commitment to ensuring that social protection schemes reach those most in need.

d) Capacity Building on Land Tenure System

Recognizing that land tenure security is the foundation for sustainable resource management, PRDA organized a one-day capacity building training at the PRDA office on Land Tenure Systems and Institutional Frameworks. Twenty-one youth representatives from Dollang, Ngarian, Sanjenbam, Naorem, Chothe, and Pukhrambam villages participated.

The session, facilitated by Miss Prisca Gonmei, Land Expert from RNBA, provided an in-depth understanding of land mapping and record-keeping. The training covered household surveys, classification mapping (village boundaries and individual land parcels), data analysis, and validation with the community to ensure accuracy. Participants also learned about preparing village registries, printing maps, and



issuing Land Tenure Certificates (LTCs). This training has equipped the youth with the technical knowledge and confidence to support transparent and secure land management in their own communities, strengthening local institutions and reducing risks of land-related conflicts.

PEACE BUILDING

1. Under Brot Progam

Manipur has long experienced communal tensions rooted in differing aspirations, political issues, and historical grievances between communities. These underlying challenges have created mistrust and recurring friction, which also contributed to the outbreak of violence on 3rd May 2023. In this context, PRDA focused on peace building to strengthen dialogue, promote understanding, and foster cooperation across communities.

During the reporting period, PRDA implemented a wide range of programs to encourage peaceful engagement. Community meetings were held across districts to bring together leaders, youth, and women, creating safe spaces for dialogue, collective problem-solving, and sharing of perspectives. Awareness sessions focused on peaceful coexistence, gender-based violence, indigenous rights, and social harmony, helping participants understand the importance of collaboration and mutual respect.



Youth engagement was a key focus. A total of 27 youth organizations were trained on psycho-social and trauma counselling, digital security, international humanitarian law, and leadership skills. These trained youth acted as local peace ambassadors, organizing advocacy campaigns, community dialogues, and awareness programs within their villages.



Women's participation increased significantly, with 26 women-headed organizations actively involved in peace initiatives. Women leaders were empowered to mediate conflicts in families and communities, lead awareness campaigns, and contribute to community decision-making processes, particularly on issues related to gender and social harmony.

Capacity-building trainings were also conducted for village councils, traditional leaders, and civil society representatives, covering governance, legal compliance, customary law, justice systems, and conflict resolution. Cultural exchange programs, inter-village dialogues, and cooperative activities were organized to foster interaction, reduce stereotypes, and build trust across communities.

In total, 254 programs were conducted across all districts, reaching 4,830 participants (2,334 male, 2,496 female). This included:

- ❖ Central Level: 97 programs with 1,531 participants (872 male, 659 female)
- ❖ District Network Committees: 54 programs with 1,102 participants (643 male, 459 female)
- ❖ District Women Committees: 79 programs with 1,647 participants (485 male, 1,162 female)
- ❖ Youth Level: 24 programs with 550 participants (334 male, 216 female)

Key achievements during this period included an increase in network membership from 57 to 69 organizations, with 43 men-headed and 26 women-headed organizations joining. Seven new organizations committed to supporting community welfare and long-term development. PRDA submitted 6 reports on violence against women to the Manipur Human Rights Commission and UNSR on Violence Against Women, with one additional report submitted to state institutions.

District Youth Forums were established in all districts, expanding local engagement and leadership. A Transitional Management Committee (TMC) was formed to bridge divides between hill and valley communities and strengthen cross-community collaboration during ongoing tensions.



2. Cross-Cutting

While these interventions were primarily designed under PRDA's Health and Relief & Disaster thematic areas, their overall contribution went beyond immediate service delivery. Recreational activities, psychosocial care, and awareness sessions created opportunities for displaced communities to come together, build solidarity, and begin healing from the trauma of conflict.

By addressing both physical and mental health, supporting education, and development of social interaction, these activities laid the foundation for peace building and resilience among internally displaced persons in Manipur.

RELIEF AND DISASTER MANAGEMENT

During the reporting year, several natural calamities, particularly hailstorms and floods, severely affected communities in the project villages. These disasters damaged houses, crops, and essential resources, leaving many families in urgent need of relief and support. PRDA, in collaboration with various partners, responded promptly to ensure that affected households received timely assistance, thereby reducing their vulnerability and helping them rebuild their lives.

a) Relief Support under Start-Fund and AAI

On 5th May 2024, a severe hailstorm struck Bishnupur District, destroying the roofs of many houses and causing extensive damage to household properties. Under start fund through AAI and PRDA, provided support under three program (Awareness on Disaster Preparedness for Hailstorm, Unconditional Cash Transfer and support of Shelter support materials.

We have achieved:



- 10 Awareness campaign on “Disaster Preparedness for Hailstorm affected of Manipur” at 10 villages
- 244 beneficiaries under Unconditional Cash Transfer (UCT) Rs 8000 each families to purchase materials for reconstructing their homes.
- 300 beneficiaries under Shelter materials like CGS tin sheets, mosquitoes net, Mat, Tarpaulin and torch. (Naorem village, wahengkhuman, Ishok, Bishnupur, Phubala, Sunusipai, Narensaina, Thamnapokpi, tronglaobi, Sagolpat)

This timely intervention helped families’ secure immediate shelter and protection from further hardship.

b) Flood Relief and Health Support in Naorem Village

The same village was again affected when flash floods on 5th May 2024 submerged large parts of the area, creating conditions that could lead to waterborne diseases. In response, PRDA, in partnership with RNBA, distributed 180 bottles of sanitizer to households in Naorem. This preventive measure was crucial in reducing the spread of communicable and waterborne diseases in the aftermath of the flood.

c) Shelter Support Across Villages

In April and May 2024, consecutive hailstorms caused widespread damage not only to houses but also to vehicles and standing crops in Sanjenbam, Naorem, and Dollang villages. Humanitarian Aid International, working through PRDA, supported affected families with GCI tin sheets. Shelter assistance reached 31 households in Sanjenbam, 21 households in Naorem, and 26 households in Dollang. This intervention provided much-needed relief and ensured that families could rebuild their damaged homes more quickly.



d) Vector-Borne Disease Prevention in Pukhrambam

In Pukhrambam village, where communities are particularly vulnerable to vector-borne diseases such as malaria and dengue, PRDA facilitated the distribution of mosquito nets in collaboration with the Malaria Department of Manipur. Thirty households were supported through this initiative, enhancing community resilience against mosquito-borne illnesses.

e) Distribution of Educational Items and Medicines

On 19th March 2025, PRDA in collaboration with ActionAid Association and the National Rural Health Mission (NRHM), Manipur, organized a



relief distribution programme at the Utlou Sajol Loukol Pre-Fabricated House Relief Camp, Bishnupur District.

During the distribution, a total of 90 children received educational materials such as notebooks, pencils, erasers, and sharpeners. In addition, over 70 women were supported through the distribution of essential medicines, addressing urgent health needs in the camp.

This intervention ensured continuity of education for children despite displacement and safeguarded the health of women, reaffirming PRDA's commitment to protecting the rights and dignity of conflict-affected communities.

HEALTH

Background

The year 2023–24 was marked by both humanitarian crises and ongoing health needs across Bishnupur, Imphal West, and Imphal East districts. Following the inter-ethnic conflict in May 2023, thousands of families were displaced and forced into relief camps, heightening vulnerabilities to health risks, particularly in the areas of sexual and reproductive health (SRH), maternal and child nutrition, and substance abuse. Recognizing these urgent needs, PRDA collaborated with multiple donors and government agencies to deliver integrated health interventions aimed at providing immediate relief, creating awareness, and building long-term resilience.

Through health camps, nutrition awareness sessions, and substance abuse prevention programs, PRDA was able to reach displaced families, women, children, and young people. These interventions not only addressed immediate health concerns but also laid a foundation for stronger community health governance through awareness, counselling, and community participation.

a) STREAM 3 Emergency Response – SRH Intervention (Funded by IPPF through FPA India)



With funding support from the International Planned Parenthood Federation (IPPF) through the Family Planning Association (FPA) India, launched the STREAM 3 Emergency Response in partnership with People's Resource Development Association (PRDA), the Medical Directorates of Bishnupur, Imphal East, and Imphal West, and the National Rural Health Mission were supportive for the initiative. The program provided life-saving SRH services through the Minimum Initial Service Package (MISP) to internally displaced populations living in relief camps.

Key Activities:

- Conducted awareness sessions on adolescent health, maternal and neonatal care, family planning, HIV/STI prevention, safe abortion, and gender-based violence.
- Organized general health check-ups and gynecological consultations.
- Delivered counselling on SRH, HIV/STIs, GBV, and family planning.
- Provided diagnostic services including blood glucose, hemoglobin, pregnancy tests, and HIV rapid tests.
- Distributed essential medicines, contraceptives, and IEC materials.
- Referred complex cases to district hospitals and specialized facilities.

Achievements:

- 20 health camps conducted, reaching 2,504 beneficiaries (822 males and 1,682 females).
-
- Early diagnosis and treatment enabled for STIs, UTIs, and reproductive health issues.
- Improved access to family planning and contraceptives among displaced families.
- Increased awareness and reduced stigma around SRH within affected communities.



b) Nutrition Awareness Programme (Supported by Department of Home Science, Manipur University)

PRDA organized a community-based nutrition program at the Bishnupur Anganwadi Centre in collaboration with Dr. Bedamani from the Department of Home Science, The program focused on building healthier communities by engaging mothers, Anganwadi workers, and community members on the importance of nutrition for maternal and child health.

Key Activities:

- Conducted awareness sessions on nutrition for mothers and children.

- Promoted community engagement and practical approaches to improve nutrition at household level.

Achievements:

- Over 50 lactating mothers participated along with Anganwadi members of Bishnupur District.
- Improved awareness among mothers on proper nutrition and its role in child growth and health.
- Strengthened collaboration with the Integrated Child Development Scheme (ICDS).

c) Mass Awareness and Training on Drug Abuse Prevention (Supported under Nasha Mukta Bharat Abhiyaan Campaign)

PRDA also prioritized preventive health by addressing substance abuse, which continues to be a pressing challenge among youths in Bishnupur District. Under the Nasha Mukta Bharat Abhiyaan Campaign, PRDA conducted awareness and training programs involving multiple stakeholders including parents, youth clubs, Meira Paibis, and local authorities.



Key Activities:

- Village awareness sessions on drug abuse, alcohol, and inhalant substances.
- Training of master volunteers to lead community-based prevention efforts.
- Engagement with the Social Welfare Department of Bishnupur and the local police to ensure multi-stakeholder collaboration.

Achievements:

- More than 1,000 participants benefited, including youths, students, parents, volunteers, and community leaders.
- Increased knowledge about the harms, symptoms, and long-term effects of substance abuse.
- Empowered local youth leaders and volunteers to act as change agents in their communities.

d) Improved Access to Clean Drinking Water

In partnership with RNBA and New Life Foundation, PRDA supported the installation of a water purifier in Naorem village. This intervention directly addressed the community's longstanding concern of unsafe drinking water and has reduced risks of waterborne diseases. The initiative is an example of how partnerships can bring tangible improvements in community health and wellbeing.



e) Mental Health Awareness Camp

On 1st March 2025, ActionAid Association Bishnupur, in collaboration with the District Mental Health Programme Bishnupur and local partner People's Resource Development Association (PRDA), organized a Mental Health Awareness Camp at the Utlu Sajor Loukol Pre-Fabricated House relief camp.

The camp was conducted under the project "Restoring Psychosocial Care and Occupational Support for Conflict-Affected Communities in Manipur". A total of 41 participants attended, including 25 women, 11 men, and 5 children. The session was facilitated by Mr. Gulson Arambam (Clinical Psychologist).



Key activities included group counseling sessions on emotional and social well-being, recovery from trauma, and awareness of mental health conditions such as depression, anxiety, bipolar disorder, post-traumatic stress disorder, and schizophrenia. Practical exercises included self-care practices like maintaining a balanced diet, adequate sleep, morning walks, meditation, and deep breathing techniques. Participants were also engaged in storytelling and interactive games to improve self-awareness and coping strategies.

The camp successfully created awareness, reduced stigma, and encouraged open dialogue around mental health, equipping participants with practical tools for stress management and resilience.

f) Mental Health Screening Camp On 31st March 2025, PRDA in partnership with ActionAid Association, the Family Planning Association of India (FPAI), and the District Mental Health Programme, organized a one-day Mental Health Screening Camp at the Santhong Community Hall Relief Camp in Bishnupur District.



The camp was conducted as part of the same initiative "Restoring Psychosocial Care

and Occupational Support for Conflict-Affected Communities in Manipur". Two specialist doctors attended the camp:

- Dr. Jenta Gyaneshwor Singh (Psychiatrist) – examined 33 patients
- Dr. L. Jayenta Singh (Gynaecologist) – examined 23 patients

A total of 56 patients received free medical consultations, medicines, and supplements. The camp's objectives were to provide health check-ups, raise awareness on mental health and gynecology issues, and ensure access to medicines for vulnerable IDPs. For many displaced persons, this was the first opportunity in months to access specialized care, making the intervention critical in addressing gaps in health services.

g) Psychological Well Being through Sports and Recreational Activities

On 21st April 2025, ActionAid Association of India in collaboration with PRDA, and with the support of a local donor, organized a one-day sports and recreational programmed at the Kwakta Sericulture Training Institute Pre-Fabricated House.

A total of 35 participants took part, including 5 children and 30 women. The program was designed to promote physical and mental health, creativity, and social interaction among the internally displaced families.

Activities organized for children included: Statue Dance, In and Out, Spoon Race and activities for adults included: Statue Dance, In and Out, Spoon Race, Blind Hit and Balloon Popping

The program created a joyful atmosphere in the relief camp, allowing women and children to experience moments of happiness despite displacement. It also fostered community bonding, encouraged healthy interaction, and contributed to the psychosocial well-being of the participants.



STAFFS OF PRDA

SI	Name	Designation	Gender	Project Name
1	L. Suranjoy Singh	Chief Functionary	M	General
2	M. Canan Singh	Accountant	M	General Accountant
3	Haggai Zatung	Program Coordinator	M	Improved Ecosystem Governance
4	Soibam Bobby	Field Coordinator	F	Improved Ecosystem Governance
5	H. Bidyarani Devi	Field Executive	F	Improved Ecosystem Governance
6	Bonishnanda Singh	Field Executive	M	Improved Ecosystem Governance
8	Lumthaoliu Kamei	Field Executive	F	Improved Ecosystem Governance
9	Manikanta Singh	Coordinator	M	SCLR
10	L. Victory Devi	Field Coordinator	F	SCLR
11	Melbert Arambam	Coordinator	M	Rebuild India
12	M. Candy Singh	Field Assistant	M	Rebuild India
13	Surchandra Singh	Field Assistant	M	Rebuild India
14	Zinakumari Devi	Team Head	F	General
15	Philomena	Coordinator	M	Brot
16	Milan	Asst. Coordinator	M	Brot
17	Wahida Begum	Asst. Accountant	F	Brot
18	S Monica Devi	Women Coordinator	F	Brot
19	A Lenient Singh	Accountant	M	Brot
20	P Sundrajit Sharma	Caretaker	M	Brot
21	Longmeiga Longmei	Helper	M	Brot
22	Thangamba Singh	IT and MIS Coordinator	M	General
23	Nanao Devi	Caretaker	F	General
24	N. Rameshchandra Singh	Multi-Tasking	M	General

PRDA Membership

SI No	Name	Address	SI No	Name	Address
1	Huidrom Shanti Singh	Ishok Makha Leikai	25	H. Ibochou Singh	Ishok
2	Kh Memton Devi	Thiyam	26	N. Kamala Devi	Leimapokpam
3	L. Suranjoy Singh	Ishok Makha Leikai	27	M. Kumar Singh	Thanga
4	Dr. Huidrom Romen Singh	Ishok Makha	28	Jammini Devi	Sanjenbam
5	Huidrom Dhanapati Devi	Ishok Makha	29	Leimapokpam Romen Meitei	Waheng Khuman Maning Leikai
6	N. Babita Leima	Leimapokpam	30	Tongbram Sanjit Singh	Ishok Makha Leikai
7	Seram Brojen Singh	Ishok Makha Leikai	31	Sanaru Kabui	Terapokpi
8	Tongbram Ajit Kumar	Ishok Makha	32	Seram Somen Singh	Ishok Awang Leikai

9	Longjam Lokendro Singh	Ishok Makha	33	W. Nimai	Lairenjam
10	Longjam Naran Singh	Ishok Makha	34	Huidrom Memtombi Devi	Ishok Maning Leikai
11	Longjam Ibeyaima Devi	Bishnupur	35	Thingbaijam Ibohalbi Singh	Irengbam
12	Miss Ormila Began	Bishnupur Maning Leikai	36	Lamabam Pishak Singh	Thamnapokpi
13	Miss Rahena Begam	Bishnupur Maning Leikai	37	L. Sanajaoba Singh	Ishok
14	H. Nirmal Singh	Bishnupur, Ward No-11	38	Huidrom Anjali Chanu	Ningthoukhong Kha Khunou
15	S. Sonolata Devi	Ishok	39	L. Netajit Singh	Ishok Makha
16	N. Tampakleima Devi	Palace Compound	40	L. Ojit Singh	Ishok Makha
17	L. Iboton Singh	Ishok Makha	41	Seram Samungou Singh	Ishok Makha
18	H. Thaibema Devi	Ishok Awang	42	H. Premila Devi	Ishok Maning
19	L. Rebati Devi	Keinou	43	L. Subadani Devi	Naorem
20	L Shamungou Singh	Ishok Chingphu Achouba	44	Kh Sanaton	Irengbam
21	H Pungomacha Singh	Ishok	45	Oinam Ibohal Singh	Leimapokpam
22	H. Sanamacha Devi	Ishok	46	S Hembra Singh	Ishok
23	T. Indubala Devi	Ishok			
24	I Jiten Singh	Irengbam			